About the Bike-A-Thon

September 29, 2013

The 24th Annual Second Sight® Bike-A-Thon is a tour of Long Island's North Shore to benefit the Guide Dog Foundation for the Blind®.

Leaving from our campus in Smithtown, NY, rides range from a 5-mile fun ride to a challenging 65 miles. Depending on the length of the route, riders will tour St. James, Head of the Harbor, Stony Brook, Old Field, Port Jefferson, Belle Terre, and points east.

The 5-, 10-, 20-, and 30-mile tours are escorted by volunteer marshals from the Suffolk Bicycle Riders Association (SBRA). The 50- and 65-mile tours are unescorted. All riders are provided with cue sheets, and roads are marked along the route.

Emergency support vehicles (SAG) can assist riders with difficulties. Rest/water/food stops are available along the routes.

65-mile 8:00 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

50-mile 8:30 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

30-mile 9:30 a.m. Escorted. Course is very hilly and challenging with 2 break stops.

20-mile 10:00 a.m. Escorted. Course is hilly and challenging with 1 break stop.

10-mile 10:30 a.m. Escorted. Course is flat and easy. No break stops.

5-mile 11:00 a.m. Escorted. Course is flat and easy. Break stop at the 2.5-mile mark.

Helmets are required for all riders.

Pledges will be accepted the day of the ride.

Register by September 13 to get your free 2013 Bike-A-Thon t-shirt & raffle entry.

T-shirts and other merchandise will be available for sale.

We encourage you to get sponsors for your ride. Riders who raise \$75 and \$175 or more will receive exclusive gifts.

Every dollar raised helps the Guide Dog Foundation place an assistance dog with a person with disabilities.



Create your own personalized fundraising page and get all your friends involved!

You can add your own message, photos, and videos, and set your own goal. And you'll be able to see at a glance how you're doing.

It's easy to do. Here's how:

Go to www.Bike.GuideDog.org to register, and follow the instructions from there.

Questions?

Please call us at (631) 930-9000. We'll be glad to help!



Registration

Register online at www.Bike.GuideDog.org

Register by Sepember 13 to get your FREE event t-shirt (maximum of 2 shirts per family registration) and be entered for a chance to win door prizes Online/mail-in registration ends September 25.

Walk-ups welcome on the day of the event.

Name

Address		
City		Zip
Phone	Age (as of 9/29/13)	
E-mail	T-Shirt Size	
Ride Choice:		
☐ 5-mile fun ride ☐ 30-mile ☐		
Individual Registration \$40 early registration \$50 registration \$20 children (17 and u	n (before Septer	nber 13, 2013)
Family Registration (up to 2 adults and 2 children 1 \$60 early family regis \$75 family registration	stration (before	re September 13, 2013)
Total number of riders _ (Please attach names, ages, and ☐ Enclosed is my addit	2 t-shirt sizes	
Please make checks payab for the Blind.	O	
Total amount to be char	rged: \$	
Please charge my: ☐ Visa ☐ MasterCar Card No		
Signature		-

Mail payment & registration to Guide Dog Foundation Bike-A-Thon

371 East Jericho Turnpike, Smithtown, NY 11787

Our mission



The Guide Dog Foundation seeks to improve the quality of life for people who are blind or visually impaired or who have other special needs.



Helmets are required for all riders.

Door prizes

Visit with the puppies

Tour the campus and learn about the Guide Dog Foundation

Riders who raise \$75 and \$175 or more will receive exclusive gifts

Host

Suffolk Bicycle Riders
Association

www.sbraweb.org

Rider Support
Campus Bicycle & Fitness

Event Sponsorships Available
All sponsorships due by September 3.

If you have any questions, please call (631) 930-9054 or e-mail Jaime@GuideDog.org



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www.GuideDog.org

Follow us on:

Facebook.com/GuideDogFoundation



24th Annual Second Sight® Bike-A-Thon

Sunday, September 29, 2013

to benefit



Leaving from our campus at 371 E. Jericho Turnpike Smithtown, NY 11787

Rain or Shine